

# the Daglightale

**YOUR  
STUDENT  
NEWSPAPER**

yes...we're still here...



## Club Fair Flair

Meet some of your on-campus clubs

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### ASA

An inside scoop on this year's ASA executive team. Who are they, and what do they do? Pg 2

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The ins and outs of the Augustana Garden

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# THE DAGLIGHTALE

Sept 19, 2016

## Meet the Team!

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The Daglightale is printed by Star Press Inc., Wainwright, AB.

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We wish to acknowledge that the land on which we gather is Treaty 6 territory and a traditional meeting ground for many Indigenous peoples. The territory on which the Augustana Campus of the University of Alberta is located provided a traveling route and home to the Cree, Blackfoot, and Métis, as it did for the Nakoda, Tsuu T'ina, Chipewyan, and other Indigenous peoples. Their spiritual and practical relationships to the land create a rich heritage for our learning and our life as a community.

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Lettuce Review  
Photo: **Autumn MacDonald**

# The Editors' Corner

## The New Face of the Dag



**Autumn MacDonald**  
Co-Editor



**Sammy Lowe**  
Co-Editor

Hi, Co-Editors here. How's it going? Nice! We're glad to hear that. If you didn't respond with "fantastic", "fabulous", "gr8", "lit af", or "superb", don't worry. That's about to change.

As you may have already noticed with our hip lingo, we know how to keep up with the times, which is why we have given the Daglightale, or "Dag", a hot new look. Ooooh, so modern!

New year, new newspaper, new us. Oh. Who are we? Who is in charge here? We are. Don't be scared.

Hi! I'm Autumn MacDonald, and I'm in my fourth year. I am an Environmental Studies student and partake in the good ol' Outdoor Education stream side of things.

I am super excited to be

co-editing the Dag this school year. Journalism has always been an interest of mine and I hope I can use this opportunity to offer a great product to Augustana that is both entertaining and relevant.

Hey there! My name is Sammy Lowe, and I am also a fourth year student. I study both Biology and Drama, and am therefore equally comfortable using a microscope and engaging in heart-wrenching interpretive dance.

New year.  
New newspaper.  
New us.

I am happy to find myself in the position of Co-Editor, as I hope to put my love for writing, research and humor towards something that everyone on campus can (hopefully) enjoy.

We are very excited to introduce the first issue of the new Dag and share with you our vision for your student newspaper this year.

Our vision for the Dag is to provide a fun, engaging media source that meets the interests of a wide, diverse audience. Each one of you are stars and really deserve the best that a small university campus newspaper can provide!

Ultimately, the Dag will be about and for you. We envision a

student newspaper that is inclusive and voices your opinions, concerns, successes, and dreams. As cheesy as it sounds, we're on this journey together. Here's to a good year and we can't wait to spend it with you.

When you see a copy of the Dag, we hope that you are able to pick it up and read something relevant, humorous, thought-provoking, or otherwise enjoyable.

We encourage you to take what you will from the experience, and when you and your friends are finished, feel free to recycle the paper...or even, make a nice hat or sailboat, or learn how to paper mache and découpage. The possibilities are endless when you read the Dag!

Speaking of possibilities, we now turn the floor to you. We welcome not only your feedback, but also your submissions.

The possibilities are  
endless when you  
read the Dag!

If you have a story or opinion piece you would like to see featured, please submit it to us at asadag@ualberta.ca or come visit us in our office. We'd love to hear from you!

But for now, dear friend, we wish you glad tidings and happy reading.

~Co-Editors out!

## Augustana Squad Goals

Who is the ASA and what do they do for us?

by **KEN WINDER**

The Augustana Student Association is the peer elected student council dedicated to improving the lives of students throughout their university career.

Although this council is student elected, the amount of students that could correctly state what the ASA actually does is distressingly small. This is surprising considering that all students' pay semesterly fees that help run and support the ASA; we should know what our money is doing for us, right?

Therefore I decided to interview the council members to put together a small profile of what their positions are and what they hope to achieve in this academic year.

**Zarina Shih**

Vice President Communication

Zar's role on council is to be the strong voice of the student body. She communicates to all students the events and news on campus through a variety of networks, mainly social media.

The other aspect of her role is organizing events like off campus suppers, Trick for Eats, and the Wellness Weeks.

She is working hard to create workshops for students to find more resources during Wellness Week. She is also striving to join with North Campus in creating an anonymous block for students to speak with counselors, allowing for a better collaboration of resources through the UoFA campuses.

"I value strong communication to determine what the ASA can do for the student body."

Essentially, Zar is your go-to-girl for any problems that you feel the ASA could address. And aside from being one of your biggest advocates for mental health and your general well being, her fashion sense is out of this world.

**Hope MacDonald**

Vice President Academic

Hope's position on council encompasses many different roles. Internally she is responsible for ensuring that the ASA is following all policies, bylaws, and operational procedures as well as operating in the best interest of students. Externally she advocates on the behalf of Augustana students regarding academic issues, student environment, services, and campus issues.

One of Hope's main goals is to showcase all that the ASA

Continued on Pg 3

## The Executive Life:

### An ASA Inside Scoop

Continued from Pg 3

does behind the scenes. Many students are under the impression that all the ASA does is host dances and general fun activities. This misconception is due to the lack of transparency of other responsibilities the ASA manages.

Hope is working hard to eliminate that lack of transparency to allow the student body to fully understand the ASA's roles.

"I am the person who ensures that Augustana students are being taken into consideration at North Campus and work closely with the Students' Union to better advocate for students."

#### Christine Tran

Vice President Student Life

When it comes to ensuring that Augustana is a welcoming and inclusive place, Christine Tran is your woman.

Aside from being Batman, she is responsible for planning and executing ASA activities that contribute to student life outside the classroom.

She is your go to for any and all activities and events happening on campus, club registration, club funding, residence appeals, and campus life in general.

"We are privileged to have a variety of social and cultural demographics represented within this university. The position of VP Student Life gives me the opportunity to create opportunities for each student

to be involved, and to find a place in our community where they feel accepted and supported."

The events the ASA holds are aimed at promoting the well being of our students through education and excitement. Furthermore, Augustana is known for taking a firm stance against stereotypes and stigmas.

#### Danisha Suchak

Vice President Finance

Danisha's role is to monitor and overlook the ASA's budget so that it is being used appropriately and efficiently. She tracks where funds are going and also overlooks initiatives, bursaries, sponsorships given to clubs, and possible revenue made.

In this academic year, Danisha hopes to increase advertising and sponsorships. She also wants to acquire more student discounts and increase the awareness of said discounts.

She plans to accomplish these goals by visiting local stores and organizations in hope that they would be willing to partake in this goal, especially considering that students are a large percent of their customers. In return, the ASA would offer sponsorship-advertising discounts.

"My team and I are trying our best to keep the students engaged and more informed about what the ASA does, so I'm hoping that the student engagement increases a lot more this year!"



Cindy Roose (Executive Director) and Ben Curry remind you that the change of coverage deadline for your SU health/dental plan is Sept. 23!

#### Ben Curry

President

"Ben Curry... How do I begin to explain Ben Curry?"  
 "Ben Curry is flawless."  
 "I hear his hair's insured for ten thousand dollars."  
 "I hear he does car commercials... In Japan."  
 "His favourite movie is Varsity Blues."  
 "One time he punched me in the face... and it was awesome."

Although I jokingly compare Ben to the likes of Regina George, I assure you he is so much more. Ben's main objective is to advocate for students, representing them through academia and campus wide.

The ASA works directly with the Student Union (SU), which is a larger student government body at North Campus. His role is to connect and communicate with SU.

Ben has four specific goals that he hopes to address this year:

Addressing 3/11 and helping smooth the transition for students, increasing awareness about the Fee Referendum that will be occurring in the Winter Semester and its impact on the Augustana Community, addressing Sexual Violence and Mental Health and changing culture on campus, and helping to facilitate a nurse on campus.

Now that we are somewhat enlightened on what the ASA does for us, I hope you will take a moment to introduce yourself to the council and get to know them better. They would love to hear from you, because after all, they are the ones representing you!

Whether in the office, in class, or around campus, the ASA council is dedicated to improving student life in all aspects. Not all superheroes wear capes and this council definitely proves it!

## The GOOD,



**Q:** What are you most looking forward to at First Class Bash?

#### Toni Doihan

(2<sup>nd</sup> year Biology major)

"Being around students, meeting new people, and a different atmosphere then that on campus."

## The BASH



**Q:** How is First Class Bash going?

**Kalene Gould (Augustana graduate/left)** - "I'm a first year."

**Randi Martin (5<sup>th</sup> year Visual Arts and Psychology major/center)** - "Plaid is a safe go-to."

**Alex Rumak (5<sup>th</sup> year Business major/right)** - "I'm going to take it slow, that wine will get you."

## and The UGLY!



**Q:** What was the highlight of last night for you?

#### Anonymous Students

(major/year unknown)

Unable to comment.





## The FAIR-est Of Them All!

A glimpse at some of our campus clubs

### by CRYSTAL ROSENE

Augustana has an incredibly wide variety of unique and interesting clubs and organizations. It doesn't matter if you're an academic-loving science student to an outdoorsy nature nut, to a fun-loving kid at heart, you'll find a club at Augustana to fit your needs!

Since there are so many different clubs, we chose a few from a hat to highlight:

#### Fun and Games Club

- The fun and games club is new this year, and their goal is to give students the opportunity to do things they would have done as a kid, to help with stress relief.
- Their first club meeting will be held September 21, under a giant parachute!
- Activities and events that the club will host include games, movie nights, parachute games, and a potential Disney Movie Marathon!

#### Psychology Club

- This club promotes psychology, and hosts events helpful to students in the social sciences, such as grad school information nights, a meet and greet with the profs, movie nights, and a "What can I do with my psych degree?" information session.
- The first event will be a meet and greet with the psychology professors, sometime in the first semester.

#### Paintball Club

- The Paintball Club is a safe, fun, and enjoyable way for students to get together and play paintball, even if they are new to the sport.
- There will be 1 game per month until it snows, at Silver Creek; gear and transportation is covered, and the paint cost is shared, resulting in about \$10 - \$15 per day.

#### Nordic Club

- The Nordic Club focusses on promoting and educating about Scandinavian Culture.
- Some events put on by the club include Scandinavian folk dancing, a bake sale, and a craft/food/music night around Christmas time.

#### Earthwise Club

- The focus of Earthwise for the year is sustainable food, but they also will continue to promote environmental awareness and general sustainability on campus and in everyday life.
- Upcoming events include a local beer and sausage night, and various speakers including Dr. Evan Fraser and local food producers.

More information on the clubs and associated contacts can be found at <http://augustana.su.ualberta.ca/>.

## Familiar Faces

Get to know your Augustana Faculty

### by JENNIFER HA

Familiar faces will be a regular piece that features faculty and staff members who are new or new to their positions around Augustana.

I asked each interviewee three questions to learn a little bit more about each person.

- 1) Which 5 words would best describe you?
- 2) How are you preparing for winter?
- 3) What were you like as an undergraduate student?

#### Sarah Tregonning

Sarah is Augustana's new Student Accessibility & Success advisor.

1) Enthusiastic, Caring, Persistent, Proactive, Advocate.

2) Planning cruises and mini get-aways to break up the winter.

3) At the beginning of undergrad, I focused more on my social life than on academics. I joined every club, was part of every night out, hung out with my friends all the time and was able to do just enough homework to get "ok" marks. I did not learn that much this way. When I went back to undergrad later, I was a lot more balanced and focused more on my classes and soaking up a lot more from my classes. After that I had a much better balance of social life and academics.

#### Dr. Dion Blythe

Dr. Blythe is a sessional lecturer for the Social Science department.

- 1) The five words that best describe me are tall, bald, smart, funny and brief.
- 2) I'm collecting acorns and storing fat in preparation for the winter.
- 3) I was not a good student. I had a little too much fun in university, which maybe explains why I never left.

#### Randal Nickel

Randal is the new executive director of Student Services.

- 1) My 5 words are: tall, positive, athletic, organized, love to laugh.
- 2) I haven't started thinking about winter yet other than bringing my tomato plants inside at night.

3) I played every intramural sport possible and had a lot of fun my first year of undergraduate studies. I focused more on my studies, and still had fun, in my next years.

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# Spotlight



## Sexual Violence and Consent

What it is and How to provide support

by **KEN WINDER**

Sexual violence can be defined broadly as a term that encompasses sexual assault and abuse, sexual harassment, stalking, relationship violence, street harassment, and experiences of gender-based violence. Sexual violence, regardless of what type, is detrimental to one's self and identity.

Being able to define and identify what sexual violence is can help create a safer community for all, especially on a university campus. We live in a society that is greatly affected by sexual violence and its impact.

When referring to our culture as "rape-prone", it means that our society is more susceptible to sexual violence and normalizing it. The University of Alberta Sexual Assault Centre outlines various criteria for defining a rape-prone culture, such as its tolerance of violence and institutionalized gender inequality.

A study at the U of A in 2001 found that 1 in 5 students had already experienced sexual assault at some point in their life. A recent national statistics stated that 1 in 3 women and 1 in 6 men would experience sexual violence in their lifetime.

These statistics are significant, meaning that we are likely to know someone who has experienced sexual violence. To help support the individuals, friends, and families that have been impacted by sexual violence, it is important to understand the myths surrounding sexual violence, what consent is, and what are some community resources that

individuals can access.

Myths regarding sexual violence can be extremely detrimental to survivors and can help support a rape-prone culture.

Perpetrators are typically strangers, males can't be sexually assaulted, sexual assaults are often falsely reported, and survivors who were intoxicated have partial responsibility for the sexual violence they experienced are all examples of myths regarding violence.

Not only are these myths false, but they can also re-victimize survivors, leaving long lasting psychological impacts. When supporting survivors, it is important to understand that these myths are false and not to assign blame to the survivors.

Supporting and/or repeating myths regarding sexual violence can excuse the perpetrator and send the message that the survivor is responsible for their own sexual assault.

To understand what sexual violence is, it is also important to understand what consent is. To define it in the most basic of terms, consent is the voluntary agreement to engage in sexual activity. Meaning that you engage in sexual activity because you want to and weren't coerced into it.

Coercion is the use of pressure, threats, or intimidation to force another individual to submit to an act or gesture that they wouldn't willingly engage in otherwise. Using coercion to engage in sexual activities is considered sexual assault, as it is not consensual. It is important to be able to recognize what coercion is and that it is definitely notable.



While many efforts are being led on campus, such as talks by Dr. Keith Edwards and the I Believe You Campaign, there is still much work to be done.

In its barest form, consent is a definite affirmation of "yes" from all parties engaging in all sexual activities, as described by the Criminal Code of Canada.

The Code also outlines five specific points where consent is not valid. Further information regarding the Criminal Code can be accessed via the Canada Justice Laws website.

Now that we have covered myths regarding sexual violence, the impact of these myths, and what consent is, we shall now explore ways to support individuals facing the impact of sexual violence.

When supporting a survivor of sexual assault, there are three important steps to pursue:

### LISTEN

Create a safe space for the survivor to relay their experience to you, if that is what they choose to do. Being able to speak without interruption can be very powerful for the survivor. Remember to only ask clarifying questions and avoid "why" questions. "Why" questions tend to

assign blame and re-victimize the survivor.

### BELIEVE

Studies have found that only 2-3% of all sexual violence reported have been false allegations, meaning that most individuals opening up about their experiences are telling the truth. Though typically it is often easier to believe that an individual is lying about their experience rather than believe that the accused is capable of such an act, we must offer support and comfort to that individual. Remember that it is not your place to judge the situation but to merely support the survivor. Use supporting statements such as "thank you for telling me," "I am so sorry to hear that happened to you," or "I'm here for you" to show your support.

### EXPLORE RESOURCES

The last step to supporting a survivor is to explore the available resources. For more information on resources and current initiatives, contact any of the resources listed below.

### seek medical attention

For general medical treatment, pregnancy, or STI/HIV concerns, consider:

**St. Mary's Hospital**  
4407 53rd Street  
780-679-6100

**Sexual Assault Response Team (SART) nurse**  
access through Edmonton-area emergency rooms within 7 days of the assault

**Visiting your personal family physician**

For emergency contraception, visit any pharmacy

### seek other counselling/support

#### Personal Counselling Centre

1-1-300  
780-679-1511  
780-679-1512

#### Sexual Assault Centre of Edmonton (SACE)

Suite 205 - 14964 121A Ave  
780-423-4102

#### 24-hour Sexual Assault Crisis Line (SACE)

780-423-4121

#### Employee & Family Assistance Program

780-492-2249

#### Pastoral Counselling

F&L 2-335  
780-679-1535

Talk with a trusted friend, family member, residence staff, or spiritual leader.

### report

#### Camrose Police Service

4230 48th Ave  
780-672-8300

#### University of Alberta Protective Services (UAPS)

A-029 Auxiliary Building  
780-679-1555

#### U of A Office of Safe Disclosure and Human Rights

308 Campus Tower, Edmonton  
780-492-7335

To report anonymously through a third party report, contact the U of A Sexual Assault Centre  
2-705 SUB, Edmonton  
780-492-9771

Not reporting is a valid option.



**UNIVERSITY OF ALBERTA**  
OFFICE OF THE DEAN OF STUDENTS

**Sexual Assault Centre**  
UNIVERSITY OF ALBERTA

# Cosmic Corner

To infinity and... back in time?

## by CRYSTAL ROSENE

There are jaw-dropping discoveries that push our knowledge of the laws of physics, such as gravitational waves, black holes, dark energy and dark matter. And (as Hollywood science fiction loves to focus on), there are also some interesting theories about the past and the possibilities of warping time.

While Hollywood can fabricate some imaginative storylines involving time travel, it is (as of now), just a dream. However, there is a way that astronomers can learn about the early universe, which is as useful as time travel could be.

As it turns out, a powerful tool for learning about our past is light. Light is a form of electromagnetic radiation (EMR) in specific areas of wavelengths which are visible to the human eye.

Like all EMR, light travels at a speed of 300 000 km/s in a vacuum, which is incredibly fast considering the average speed of a car on a highway is 0.03 km/s.

considering the average speed of a car on a highway is 0.03 km/s.

The monumental speed at which the waves propagate is the key to this mind-blowing phenomenon. Travelling 300 000 km in one second certainly seems fast when we try to envision an object moving that rapidly on Earth.

However, distances in space are billions of times larger: a light wave travelling towards Earth from deep space could take years to reach us. In fact, cosmic distances are generally so large that it is inconvenient to measure them in kilometres; instead, astronomers measure them in light years, which is the distance that light will travel in one year (about ten trillion km).

Let's see a real-life example of this. The Horsehead Nebula is a dark nebula which lies in the constellation of Orion, and is approximately 1500 light years away.

This means that when we look through our telescopes and view



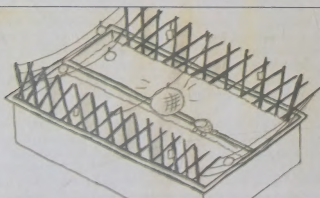
the nebula, the light that we are seeing has been travelling for 1500 years to reach us. So, essentially, we are seeing the Horsehead Nebula as it looked 1500 years ago. Pretty neat.

It gets better! By applying the same principle, we can see that the more distant the object that we are viewing, the further back in time we are looking. When we see a star that is 5000 light years away, we are seeing how it looked 5000 years ago. A galaxy that is 10 000 light years away...well, you get the idea.

But now, let's have some fun. Let's pretend that there is a planet 70 million light years away,

populated by an intelligent species of extraterrestrials. These aliens have developed an ultra-powerful telescope, so advanced that they can clearly resolve the Earth through it from 70 million light years away.

The light that they are seeing through their telescope has been travelling across the universe, from Earth towards them, for 70 million years; thus, they are seeing the Earth as it was 70 million years ago. If these aliens were searching the cosmos for signs of intelligent life, they would be disappointed in Earth. Why? Well, all they'd see...is dinosaurs.



Concept art of two side-by-side garden plots. Each 2x4 plot can be filled with a variety of plants and decorated as you see fit!

# When Deer Attack!

The turbulent tale of Augustana's lil' garden

## by CAROLYN VENTER

"Bugs ate my bok choy, but that's okay because I don't like bok choy" was one of many statements given by one participant of the Augustana Summer Gardening program that's not its official name, I made that up).

If you are like me, you've probably never noticed the garden plots behind the auxiliary building. The Augustana garden plots were, in fact, available for rent over the summer by students, faculty and community members.

The Augustana garden used to be located by the theatre building on the edge of campus, but the upkeep became too much work.

"It all started as a CSL project

that assessed how we could take better care of our garden by examining other campuses" said Cindy Roose, of the Augustana Gardening Committee.

Cindy remarked however that the gardening season was not without its challenges; deer being the biggest one.

"They ate my beets, gladiolas, lettuce, kale, and even trimmed back my tomatoes" said my confidential interviewee, but this New Norway local didn't let deer stand in her way. She bought two fences, a disco ball, some cat toy bells, string, a solar light shaped like a turtle and a bar of soap.

She stated "Google told me

deer don't like soap. I just took a chance with the disco ball and cat bells. The deer still ate a lot of my stuff."

Cindy Roose on the other hand, planted marigolds as a method of deterring deer munching. Sadly, this also yielded minimal results.

But for the food that remains, at least one plot-worth will be donated to the food bank from two specially dedicated plots. Those who rented plots during the summer were each assigned one week to tend to the food bank plots, and the yield was recently harvested and donated to the food bank.

If that doesn't warm the cockles of your cold dead heart, perhaps you would be interested to note that local celebrity Sergeant Tony

also had a garden plot, where he grew only pumpkins.

You know what they say: you never really know someone until you see what they grow in their sustainable garden plot.

If you would like to experience a glimpse of what your forefathers went through when they had to feed themselves on the prairies you can purchase your very own garden slot on the first Monday of May. There are 37 available slots, at ten dollars apiece, but be warned, if they place a poster in the co-op, slots will go quick.

As my confidant says: "If I came into some money I would for sure do it again next year."



Beets, lettuce, carrots, you name it! The prospect of growing their own food drew in Augustana students and community members alike.



# Procrastination Station



## Campus Horoscopes



### Aquarius (Jan 21 - Feb 19)

You are normally very truthful, but this month you've been harbouring a secret. You'd better come clean before people start thinking you're a Gemini.

### Pisces (Feb 20 - Mar 20)

I know you're a hopeless romantic but you need to stop following your crush around. May I recommend listening to some music and crying? Academically speaking, things will go well for you this month when your teachers notice how sad and unusual you are and take pity on you.

### Aries (Mar 21 - Apr 20)

September is soon coming to an end, your window to play disc golf by yourself one last time is closing. Keep on being super bossy because that's how to make friends. You also need to save money for when you start that business you've always wanted to start that will ultimately fail.

### Taurus (Apr 21 - May 21)

Since your usual idea of having fun involves gardening or working, let's try to switch it up this month. Get one of your friends to drive you to a secret location and then leave you there. It would make for a great story if you ever left your house!

### Gemini (May 22 - June 21)

Since it's only September and you and I both know you're a quick learner, go ahead and go to all those parties you want this month. You always have a lot of lovers but this September is going to be extra slutty.

### Cancer (June 22 - July 23)

You will be an especially moody wreck this month because someone recently made a 'yo momma' joke that still haunts you. Luckily you will not find September (or the rest of your life) challenging because you have very little expectations for yourself.

### Leo (July 24 - Aug 23)

You are always so much fun and September is no exception! You always want people to love and admire you, and trust me, they do.

### Virgo (Aug 24 - Sep 23)

In contrast to a Leo, you will definitely have the worst month. Probably because it's your birthday. That special time of year when you get to ask "Why was I born a Virgo?" But don't worry, I have some tips on how to survive this difficult time. 1) Don't suck the life out of everything you touch. 2) See number 1.

### Libra (Sep 24 - Oct 23)

You will have a great month as long as you stay true to yourself and do really kind things for large groups of people who will never do anything nice for you. Just because you are the nicest person you know, does not mean you should stop giving away all of your prized possessions.

### Scorpio (Oct 24 - Nov 22)

You will be an especially scary and intimidating this month so I suggest dying your hair a darker colour and/or bulking up so that no one can get close enough to ask you what's bothering you.

### Sagittarius (Nov 23 - Dec 21)

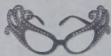
This month you will find that your regular circle of friends are less and less impressed by your Nietzsche quotes. May I suggest hanging out with an Aquarius? I even sense the potential for a romantic relationship. Soon you'll be practicing saying Aquarius-Sagittarius five times fast.

### Capricorn (Dec 22 - Jan 20)

You have a lot of traditional values and have a hard time accepting people who are different from you. Your September shouldn't be nearly as difficult as your October. Just focus on your studies and finding that special someone... or a cat.

## Ask Amber

Your sassy, satirical self-help guru



### Dear Amber,

I am a fourth year student, and my boyfriend and I have been together for two years. Despite that fact that our relationship has always been long distance, we have always made it work and have been quite happy together.

I am worried though, as he is beginning a two-year program at Grant Mac that is six days a week and involves lots of extra-curricular work. I am worried that we will both be too busy to see much of each other, and that a lack of communication will put lots of strain on our relationship.

I really don't want this to break us up. Do you have any advice on how we can maintain a healthy relationship despite the distance and our busy schedules?

Sincerely,

Star-Crossed Students

### Dear Star-Crossed,

The obvious advice to give in this situation would be to have more skype dates and mail each other cute presents, but that's not going to get you anywhere.

Are you planning on being with this person forever? If the answer is yes, it's time to put how

much you mean to them to the test. You are either going to have to move to the city or your partner is going to have to come here.

When the thought of transferring to Augustana for you gives your partner heartburn that's when you'll know it's time to call it quits.

### Dear Amber,

I am in a 3 year committed and loving same-sex relationship. My significant other and I are very open to each other about our sexuality and what we like to explore.

Except I met someone a few months ago, and it's someone of the opposite sex. I'm crazy wicked attracted to this person, and I have definitely started thinking about being intimate with this person.

So now I have two problems: I'm attracted to someone else and my SO doesn't know, and now I feel like I am fraudulent to the identity that I worked so hard to build and be comfortable with.

Do I tell my SO; do I break up with them and explore my sexuality; or do I sit quietly and let this feeling of guilt and resentment settle over me until it passes? How do I get comfortable with this?

Signed,

Exes or Ohs?

### Dear Exes or Ohs,

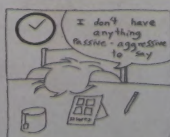
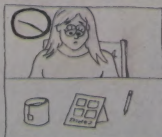
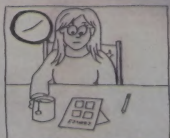
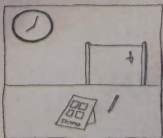
Sexuality if nothing to be ashamed of and don't ever let anyone tell you that it is. Wearing the same shirt for three or more days in a row is something to be ashamed of.

Obviously you don't want to hurt the person you're with, but you've been dating for three years so you should be able to open up to them by now. If they do lash out at you, know that their feelings are probably coming from a place of jealousy and that without a doubt you are much cooler than them.

I would say sitting quietly and letting the guilt build is probably the least favourable option.

You really just have to follow your heart, and remember that open communication is key to any strong and healthy relationship!

## First Comic Woes - an original "Ayla's Awesome Cartoon!"



AYLA KRANOWES

# Campus Happenings!

## Monday, September 19

**Augustana Annual Theme**  
1016/17: Faculty Talks

**Colour in Our World: Using Colour Changes to Visualize Chemical Reaction**  
y James Kariuki, Brian Rempel & Elizabeth McGintie  
2:30 – 1:10 pm in C167

**Map Colouring, Graph Theory, and Rare Centennials**  
y Richard Guy and Jeremy Sylvestre  
:20 – 2:00 pm in The Jean Iachborn Common Room

**ISA Elections: Candidates' Forum**  
pm in Wahkohtowin Lodge

## Tuesday, September 20

**Writing in University: What to I need to know?**  
:00-7:30pm in H070  
Just pre-register @ the Writing Centre

## Wednesday, September 21

**ISA Elections: Vote today in the Forum**  
am-5pm or online  
@ su.ualberta.ca/vote

**The Bros. Landreth**  
pm @ Cargill Theatre  
32 tickets for students @ camrose-ive.ca

## Friday, September 23

**Green and Gold/Red and Black Day**  
12:30 - 1:30 pm in the Quad  
Food, music and prizes... and a Toonie BBQ? Show off your school spirit in your red and black or green and gold colours!

**Men's Hockey vs. MacEwan**  
7:30 pm @ Encana Arena

**The Comic Strippers**  
7:30pm @ Cargill Theatre  
\$39 tickets @ camroselive.ca

**Kimberly MacGreggor and Her Handsome Band**  
8pm @ The Bailey Theatre  
\$15 tickets for students at the Bailey Box Office or online

## Saturday, September 24

**Women's Soccer vs. CONCORDIA**  
12:00 pm @ Augustana

**Men's Soccer vs. CONCORDIA**  
2:00 pm @ Augustana

## Sunday, September 25

**Women's Soccer vs. GPRC**  
12:00 pm @ Augustana

**Men's Soccer vs. GPRC**  
2:00 pm @ Augustana

**Oktoberfest**  
6:30pm @ Lougheed Centre  
\$24 tickets for students  
Register with craigw@augustana.ca

## The Bailey Buckaroos

2pm @ The Bailey Theatre  
\$15 tickets for students at the Bailey Box Office or online

## Tuesday, September 27

**Augustana Human Library**  
7pm – 10pm in the library

**"The cross in the closet" by Timothy Kurek**  
6pm – 7pm in the library

## Wednesday, September 28

**Augustana human library**  
6pm-10pm in the library

**Men's Hockey vs. PORTAGE**  
7:30 pm @ Encana Arena

## Thursday, September 29

**Course Correction for a Nation: Our Journey from Truth to Reconciliation Lunch & Learn**  
12pm @ Wahkohtowin Lodge  
Register by emailing  
augalum@ualberta.ca

## Friday, September 30

**Women's Soccer vs. KINGS**  
4:00 pm @ Augustana

**Men's Soccer vs. KINGS**  
6:00 pm @ Augustana

**Camrose Pride Community and AQUA present All Ages Dance Party**  
8:00pm @ Elks Hall 4702 - 50 Ave  
\$5 tickets at door

## Go VIKINGS!

• The **Augustana Vikings Men's Hockey** team had an astounding win versus Portage College in their first exhibition preseason game last Wednesday (September 14th) with a final score of 5 to 1.

• **Wanted: Vikings Crew Event**  
**Staff!** On-Campus positions, flexibility in scheduling, Vikings swag alongside getting paid... what more can you ask for? For more information please contact any Vikings Council Member at vikings@ualberta.ca

• **Home Games are Free for Students with a Valid OneCard!** Check out the Vikings Village App. Check in to events and gain points for real-life rewards and prizes.

• Soon will be the launch of a **new Vikings website**. Look forward to more accurate in-game scoring, direct statistics from the CCAA, and better production value from ACAC TV. Approximate launch date is October 1st.

**VIKINGS VILLAGE**

# theDagligtale

Augustana's Student Newspaper - Since 1985

## WE WANT TO HEAR FROM YOU!

**Submit your own pictures and stories**

**Send a letter to Amber**

**Tell us what you think**

**Apply for a position on our team**

Contact us @ asadag@ualberta.ca OR visit us in Forum L1 002 - 4901

**YOUR STUDENT NEWSPAPER**